# 5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability:

- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
- 4. Awareness of trends in technology

#### Options:

- A. All of the above
- B. Any 3 of the above
- C. Any 2 of the above
- D. Any 1of the above
- E. None of the above

Answer:

#### A. All of the above

## Annual Report of various activities conducted during the Academic year 2019-20

The Department of physical education is working for the physical, intellectual, socialand emotional development of the students.

This year 2019-20 our college conducted / participated in various activities under the department of physical education & sport. The details of these activities enlisted below.

On the occasions of "National Sports day" on 29th August 2019, on the birth anniversary of hockey legend major Dhyan chand, our college students celebrated the day by starting the "pledge of fit India Movement" & followed different activities like physical exercise, yoga, games etc.

On 22nd october 2019, college conducted the medical health checkup for senior students. In which the different health factors like height, weight, Blood group, Hb, etc checked at the Dr.Ekbote Hospital, Shivajinagar.

This year our college student Ganesh Chauhan was participated in "Chess Intercollegiate Tournament 2019-20" competition at MMCOE, organized by PCZSC (Pune City Zone Sport Competition). He played well and came 27-43 between ranking with 5 points.

Table - PCZSC		
Sr.No.	Name of students	Performance
1.	Ganesh Chauhan	5 point

During 8th January to 16th January 2020, our college students participated in Intercollegiate Invitational tournament, organized by Sinhgad College as "Sinhgad Sports Karandak 2019-2020." In which our students participated in Volleyball, Football and Cricket games.

Table - Sinhgad Sports Karandak 2019-20		
Sr.No.	Name of students	Game
1.	Shankar Jaigadi	Volleyball/Football/Cricket
2.	Karan Vishwakarma	Volleyball/Football
3.	Amit singh	Volleyball/Football/Cricket
4.	Vedant Thankur	Volleyball/Football/Cricket
5.	Ganesh Chauhan	Volleyball/Football/Cricket
6.	Praveen Panchal	Volleyball/Football/Cricket
7.	Bikram Rai	Volleyball/Football/Cricket

8.	Amaan sayyed	Volleyball/Cricket
9.	Tejas mogal	Cricket/Football
10.	Rushikesh khatwate	Cricket/Football
11.	Yash Shinde	Volleyball
12.	Vipul Rathod	Volleyball
13.	Ankesh Rai	Volleyball
14.	Nikhil Mahajan	Cricket
15.	Harshwardhan Gaikwad	Football
16.	Arjun Mishra	Cricket

During 16th to 18th January 2020 college conducted "Annual Sports Day", were Prof. Mangala Shende.(National Judo Player) ex-student of the Modern College, Ganeshkhind, Pune. invited as a chief guest. In the annual sports day college conducted interclass competition, are the entry level challenges for the players into the intercollegiate competitions. In which department has organized Chess, Carrom event in indoor section and Kabaddi, Volleyball, Football, Cricket, Tugof war in outdoor section.

Outdoor game results - Volleyball		
Sr.no.	Name of students	Performance
1.	Karan Vishwakarma	Winner
2.	Amaan Sayyed	
3.	Amit Singh	
4.	Rahul Borkar	
5.	Praveen Panchal	
6.	Ankesh Rai	
Kabaddi		
1.	Arjun Mishra	Winner

2.	Vipul Rathod	
3.	Ganesh Chauhan	
4.	Abhishek Jidage	
5.	Amaan Sayyed	
6.	Praveen Panchal	
7.	Shankar Jaigadi	
Football		
1.	Amit Singh	Winner
2.	Nikhil Mahajan	
3.	Ganesh Chauhan	
<ul><li>3.</li><li>4.</li></ul>	Ganesh Chauhan Praveen Panchal	
4.	Praveen Panchal	

1.	Ankesh Rai	Winner
2.	Ganesh Chauhan	Runner up
1.	Jagruti Khutwad	Winner
2.	Pranali Pawale	Runner up
Carr	om	,
1.	Karan Vishwakarma	Winner
2.	Praveen Pranchal	Runner up
1.	Shraddha Kapase	Winner
2.	Ashwini Hugar	Runner up

Based on Fitness evaluation department conducted the Physical Fitness Test for students. It includes 12 min run and walk test, sit & reach test, and bent knee sit up test, were students performed well.

I am as a physical director of Modern college, warje. Very thankful to our principal Dr.S.k.Ujlambkar sir for his constantly support plus also thankful for teaching and non-teaching staff for wonderful event throughout the year.









2019-2020 Chess – Volly Ball- Kabaddi International Yoga Day- 2019-20

"On the occasion of International Yoga Day, 21st June 2019, a rejuvenating Yoga session was conducted by Prof. Shital Shirke, Physical Director. The session was graced by the presence of Principal Dr. Sudhir Ujalambkar, who emphasized the importance of yoga for overall well-being.



2019-2020 21st June 2019 International Yoga Day

#### **Soft Skills Development Initiative:**

A comprehensive session on soft skills development was conducted by Mrs. Tripti Tiwari, aimed at enhancing the interpersonal and communication skills of participants. The initiative was supported by Principal Dr. Sudhir Ujalambkar, who highlighted the significance of soft skills in personal and professional growth.

#### **VyaparMelawa**

On 15th January 2020, PES's Modern College of Arts, Science & Commerce, Warje, Pune, organized the VyaparMelawa, an entrepreneurial event designed to instill business skills and practical experience among students. The event provided students with a platform to engage in real-world business activities by selling various products.

During VyaparMelawa, students showcased their entrepreneurial talents by setting up stalls to sell a variety of food items. Popular items included Pani Puri and Misal, which were enthusiastically purchased by fellow students and faculty members. The event was a lively affair, with students actively involved in promoting their products, managing sales, and interacting with customers.

The primary objective of VyaparMelawa was to give students hands-on experience in running a business, from product selection and pricing to sales and customer service. The event also encouraged teamwork, creativity, and problem-solving skills as students worked together to ensure the success of their stalls.

VyaparMelawa was not only a learning experience but also a celebration of the entrepreneurial spirit within the college. It allowed students to apply theoretical knowledge in a practical setting, fostering a deeper understanding of business concepts and the challenges of entrepreneurship.

The event was well-received by all participants and attendees, leaving a lasting impression on the students who took part. VyaparMelawa continues to be a cherished event at PES's Modern College, reinforcing the institution's commitment to holistic education that extends beyond the classroom.





15th January 2020, PES's Modern College of Arts, Science & Commerce, Warje, Pune Vyapar Melawa

## Annual Report of various activities conducted during the Academic year 2021-22

#### **International Yoga Day- 2021-22**

On International Yoga Day, 21st June 2021, a rejuvenating online Yoga session was conducted by Prof. Shital Shirke, Physical Director. Despite the challenges posed by the COVID-19 pandemic, the session was successfully held virtually, allowing participants to engage from the safety of their homes.



21st June 2021 PES's Modern College of Arts, Science & Commerce, Warje, Pune International Yoga Day

#### **Communication Skill Improvement:**

On 29th December 2021, a workshop focused on enhancing communication skills was conducted by Mr. Mukund Kulkarni. The session aimed at improving participants' verbal and non-verbal communication abilities, equipping them with essential tools for effective interaction in both personal and professional settings.

#### <u>Liquid Soap, Perfume, Spray, Room Freshener, Phenol making workshop</u>

Modern College of Arts, Science, and Commerce, Warje, Pune-58, organized an engaging workshop, conducted by Dr. Sudhir Ujalambkar. The session, held between 10:30 am and 11:30 am, featured a live demonstration of the making of perfumes, liquid soap, sprays, room fresheners, and phenyl. The workshop attracted a large number of students, who thoroughly enjoyed the hands-on experience.

Principal: Dr. Sudhir Ujalambkar.





2021-22 Liquid Soap, Perfume, Spray, Room Freshener, Phenol making workshop

# Annual Report of various activities conducted during the Academic year 2022-23

#### **International Yoga Day- 2022-23**

On International Yoga Day, a revitalizing session was conducted by **Physical Director Prof. Sheetal Shirke**. The session, part of the 2022-23 celebrations, focused on promoting physical and mental well-being through yoga, emphasizing its importance in leading a balanced and healthy lifestyle.





2022-23 International Yoga Day

#### First Year Induction Programme 2022-23

An induction program was organized for the first-year students to welcome them into the academic community. The program aimed to familiarize the students with the institute's values, curriculum, and various extracurricular opportunities, setting the stage for a holistic learning experience. Through interactive sessions and presentations, the students were guided on how to navigate their academic journey successfully and make the most of their time at the institute



2022-23 First Year Induction Programme

## **Avishkar Competition**

On 14th September 2022, PES's Modern College of Arts, Science & Commerce, Warje, Pune, hosted the Avishkar Competition, a research poster presentation event aimed at fostering scientific inquiry and research skills among students. The competition provided a platform for students to present their research findings in the form of posters, encouraging them to engage with complex topics and share their insights with peers and faculty.

The event saw active participation from students across various disciplines, who displayed their research posters on a wide range of topics. Each poster was a visual representation of the students' research, summarizing their objectives, methodologies, results, and conclusions. The participants were judged on their ability to effectively communicate their research, the quality and originality of their work, and the visual appeal of their posters.

Avishkar Competition was an excellent opportunity for students to develop and showcase their research abilities. It also provided them with valuable feedback from the judges, which included faculty members and research experts, helping them refine their work and approach to scientific inquiry.

The competition not only highlighted the students' research capabilities but also emphasized the importance of critical thinking, problem-solving, and effective communication in academic research. The event concluded with the recognition of the best posters, further motivating students to pursue excellence in their academic endeavors.

Avishkar Competition was a significant event in the academic calendar of PES's Modern College, reflecting the institution's commitment to nurturing research and innovation among its students.



2022-23 14th September 2022 Avishkar Competition

## **VYAPAR MELAVA**

On 4th March 2023, PES's Modern College of Arts, Science & Commerce, Warje, Pune, successfully organized the VyaparMelawa, a unique entrepreneurial event aimed at fostering business acumen among students. The event took place from 10:00 AM to 05:00 PM and featured ten stalls, primarily offering various food items prepared and sold by the students.

The event was inaugurated by Mr. Dattajirao Thorat, Chairman of Popular Nagar Society, and Mr. Ranjit Hagawane, Chairman of the School Committee, along with Principal Dr. Varsha Bapat. The presence of these distinguished guests added significance to the occasion, inspiring students to actively participate and make the most of this opportunity.

Among the prominent visitors was Dr. Nivedita Ekbote, Deputy Secretary of Progressive Education Society, who appreciated the initiative and addressed the students, offering valuable insights and encouragement. Her words reinforced the importance of such practical learning experiences in complementing academic education.





2022-23 4th March 2023 VyaparMelawa

#### Dr. M R Jaykar Skill Program 9th March 2023

Modern College of Arts, Science and Commerce, Warje, Pune -58 has organized a eleven day long 'Dr. M.R. Jaykar Employability Skill Programme' in association with Savitribai Phule Pune University (SPPU). The programme has been conducted for the Third Year students of Commerce Stream to make them employable by giving them insights into topics such as Health and Hygiene, Communication Skills, Business Plan and Negotiating Skills, Bank Finance: Concepts & Formalities, Safe Banking Tips and Guidelines, and Investments, Insurance & Taxes, Corporate Etiquettes, etc.

The programme was inaugurated by Mrs. Vidula Tokekar (Director, Translation Panacea, Pune), Dr. Varsha Bapat (Principal, Modern College of Arts, Science and Commerce, Warje, Pune -58) and the resource person for the day Dr. Manjusha Kulkarni (Faculty Member, Modern College of Arts, Science and Commerce, Ganeshkhind Pune -07).

The first phase of the programme began on Thursday, 9th March, 2023 and was conducted in two sessions. Both the sessions were conducted by Dr. Manjusha Kulkarni. She guided the students on the following topics:

#### A. Business Plan: Concept and Elements of Business Plan and

#### B. Entrepreneurship: Concept introduction, Characteristics of Entrepreneurship.

Initially, she explained the students about the importance of the business plan in running any business or enterprise. Dr. M.P. Kulkarni also gave a brief introduction to the students on the topics such as Executive Summary, Market, Organization-Management, Resources, Marketing and Sales, Products or Services, Funding etc. She talked about the importance of market analysis, market share, marketing plan and competitive analysis as well. In the end, she asked the students to prepare a business plan for their dream-project and all the students very enthusiastically participated and created their business plan. Dr. Kulkarni reviewed their business plan and gave her invaluable inputs on the same.

Both the sessions were quite enlightening and informative and were attended by the students in large number.





2022-23 9th March, 2023 'Dr. M.R. Jaykar Employability Skill Programme'

#### Dr. M R Jaykar Skill Program 10th March 2023

The second Session of Dr. M R Jaykar Skill Program was conducted on Friday, 10th March, 2023 and the session was conducted by Mr. Raghu Vidap (Faculty Member, Modern College of Arts, Science and Commerce, Shivajinagar, Pune-05). He guided the students on the topic 'Health and Hygiene'.

Initially, he explained the students about the importance of health and hygiene and also elaborated on how better hygiene leads to better health, confidence and overall physical, mental as well as one's social well-being. Health is not just about being fit but also having the appropriate resources to live and having a sound body and mind is an indication of good health, he added. He shared various valuable tips such as exercising regularly, maintaining a balanced diet, etc. with the help of several examples, he emphasized on how healthy and hygienic life helps to strengthen our body and make us immune to diseases and by adopting healthy practices, it not only benefits the individuals but the society as well. In the end, he expressed the need to spread awareness of hygienic practices as a healthy community helps a nation grow more robust.

The session was quite enlightening and informative and were attended by the students in large number.





2022-23 10th March, 2023 'Dr. M.R. Jaykar Health and Hygiene'

#### Dr. M R Jaykar Skill Program 10th March 2023

The third phase of the programme began on Saturday, 10th March, 2023 and was conducted in two sessions. Both the sessions were conducted by Prof. Shaunak Mainkar (College Exam Officer, Modern College of Arts, Science and Commerce, Warje, Pune). He guided the students on the following topics:

Investment, Insurance and Taxes

Online Banking, NEFT, RTGS, IMPS, Net Banking, BHIM, UPI, Aadhar enabled payment systems, USSD.

Initially, he elaborated on the main types of investment options like bonds, stocks, small savings schemes, mutual funds, fixed deposits, hedge funds, etc. He also explained the two types of insurance namely Life Insurance and Non-life or General Insurance. Invaluable tips on picking an appropriate investment option as well as buying the right type of insurance policy were given by him to the students. The concepts of direct and indirect taxes were well explained by him with the help of suitable examples. In addition to the above points, he also made students understand about the importance of online banking and the core concepts like NEFT, RTGS, IMPS, BHIM, UPI, etc. were explained by him in depth and detail.

Both the sessions were quite enlightening, intriguing and informative and were attended by the students in large numbers.



2022-23 10th March, 2023 'Dr. M.R. Jaykar Investment, Insurance and Taxes Online Banking, NEFT, RTGS, IMPS, Net Banking, BHIM, UPI, Aadhar enabled payment systems, USSD'

## Dr. M R Jaykar Skill Program 13th March 2023

The fourth phase of Dr. M R Jaykar Skill programme began on Monday, 13th March, 2023 and was conducted in two sessions. Both the sessions were conducted by Mrs. Neha Ratnakar (Founder, Executive Coach, Image Consultant and a Corporate Trainer at Splendid Consultants). She guided the students on the following topics:

- a) Corporate Etiquettes
- b) Personality Development

Initially, she explained the importance of corporate etiquettes and the set of rules an individual must follow while he/she is at work as well as how one must respect his/her organization and maintain the decorum of the place. Some of the points discussed by her in depth and detail were clothing etiquettes, interview etiquettes, telephone/internet/e-mail etiquettes. She elaborated on how behaving sensibly and appropriately at the workplace can help create an everlasting impression of the respective individual. In addition to this, she emphasized on the importance of personality development and how looking inward and focusing on ways to better oneself can help in increasing one's self-awareness, self-esteem, developing and enhancing skills and fulfilling aspirations.

Both the sessions were quite enlightening, intriguing as well as extremely informative and were attended by the students in large number. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 13th March, 2023 Corporate Etiquettes and Personality Development

## Dr. M R Jaykar Skill Program 14th March 2023

The fifth phase of Dr. M. R Jaykar Skill programme began on Tuesday, 14th March, 2023 and was conducted in two sessions. Both the sessions were conducted by Mrs. Tripti Tiwari (Communication Skill Trainer, Soft Skill Trainer and English Language Trainer). She guided the students on the following topics:

Communication Skills

Creating effective resume writing

Initially, she explained how effective communication is one of the most important life skills to learn and is to be considered as a vital factor in order to develop one's personality. She highlighted some of the most important communication skills expected by the recruiters and managers while facing an interview and at the workplace on a daily basis which include fluency on the language, empathy, respect, open-mindedness, confidence, etc. She emphasized on how effective listening and speaking skills help an individual in proper interaction, development of bonds and conversion of ideas into action. In addition to this, she also gave her valuable input on how an effective resume should look like and how a catchy resume can help in creating a good impression in the mind of the interviewer.

Both the sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large numbers. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 14th March, 2023 Communication Skillsand Creating effective resume writing

## Dr. M R Jaykar Skill Program 15th March 2023

The sixth phase of Dr. M R Jaykar programme began on Wednesday, 15th March, 2023 and was conducted in one session. The session was conducted by Dr. Arvind Shaligram (CEO of SPPU Research Park Foundation). He guided the students on the following topic: 'Success and failures in Entrepreneurship.'

Initially, he encouraged students to think of start-ups and emphasized on the fact that the work of the entrepreneur is not over after the launch of a business and that there are constant changes to manage. Sustained business growth requires a company to improve profits by increasing its revenue, cutting costs, or both, he added. Moreover, he also made students understand about the strategies of growth that include constant product improvement, market penetration, adding new distribution channels, product line extension, adding new markets, etc. He also highlighted that one should possess risk-taking abilities throughout the conduct of business as well as not get disappointed with small failures but take them as a stepping stone and think/explore strategies/steps to overcome them. All the above-mentioned points were explained by him in depth and detail. The session was quite enlightening, interactive, intriguing and informative and were attended by the students in large number. His invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 15th March, 2023 Success and failures in Entrepreneurship

## Dr. M R Jaykar Skill Program 16th March 2023

The seventh phase of Dr. M R Jaykar Skill programme began on Thursday, 16th March, 2023 and was conducted in two sessions. The sessions were conducted by Mr. Rajiv Tulpule (Managing Partner of M/s Retco Group of Companies) and Mrs. Meghana Tulpule (Trainer and Motivational Speaker). They guided the students on the following topics: Interview Skills

**Innovation and Creativity** 

Initially, he explained the concepts of creativity, innovation and entrepreneurship in depth and detail. He elaborated on the fact that creativity is the ability to generate new ideas, innovation is the implementation of creative ideas and entrepreneurship is the addition of creativity and innovation. He made students understand that creativity is a skill that can be learned. Also, Meghana Madam explained these concepts with the help of small anecdotes. Their unique style of conducting these training sessions through activities, games and video clips enabled the students to grasp the core concepts very well. In addition to this, they also gave students some valuable tips on how to face an interview and the skills required for the same. He gave deep insights on how to tackle the interview with utmost confidence and create a good impression in the minds of the interviewers.

Both the sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large number. Their invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 16th March, 2023 Interview Skills and Innovation and Creativity

## Dr. M R Jaykar Skill Program 17th March 2023

The eighth phase of Dr. M R Jaykar Skill programme began on Friday, 17th March, 2023 and was conducted in two sessions. The sessions were conducted by CA Jayashree Venkatesh (Faculty Member, Ness Wadia College of Commerce). She guided the students on topics: 'Concept of Money and Savings as well as Safe Banking Tips and Guidelines'.

Initially, she explained the concept of money and savings in depth and detail. She elaborated on how saving money is one of the most essential aspects of building wealth and having a secure financial future. She highlighted how saving money gives one a way out of the uncertainties of life and provides one with an opportunity to enjoy a quality life. She added by saying that putting aside a sum of money in a systematic manner can help one steer out of many hurdles and obstacles in life. In addition to this, she made students aware of the fact that as there is an increase in the number of people with bank accounts in the past few years, the same is true for banking frauds as well. Moreover, safe banking tips and guidelines like never using unsecured Wi-fi, never clicking on random e-mail links, checking account from a safe location, using a unique username, keeping up on the updates, etc. were explained by her. Both the sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large numbers. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 17th March, 2023 Concept of Money and Savings as well as Safe Banking Tips and Guidelines

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2022-23 17th March, 2023 Concept of Money and Savings as well as Safe Banking Tips and Guidelines

#### Dr. M R Jaykar Skill Program 18th March 2023

The ninth phase of Dr. M R Jaykar Skill programme began on Saturday, 18th March, 2023 and was conducted in one session. The session was conducted by Adv. Vaishali Kulkarni (Admin Coordinator and Faculty Member, Modern College of Arts, Science and Commerce, Pune-58). She guided the students on the topic: 'Legal requirements of a business.

Initially, she explained the forms of business organizations like Sole Proprietorship, Partnership, Joint Stock Company, Limited Liability Partnership (LLP), etc. in depth and detail and elaborated on how one should be clear about all the legal aspects of business. She highlighted and made students understand about the registration procedure of Sole Proprietorship, Partnership, Joint Stock Company, Limited Liability Partnership and the documents necessary for completion of the registration process. In addition to this, she also explained some of the most significant laws like Indian Contract Act, 1872 and Indian Partnership Act, 1932 in a very lucid language.

The session was quite enlightening, interactive, intriguing and informative and was attended by the students in large number. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.



2022-23 18th March, 2023 Legal requirements of a business

## Dr. M R Jaykar Skill Program 20th March 2023

The tenth phase of the Dr M R Jaykar Skill programme began on Monday, 20th March, 2023 and was conducted in two sessions. The sessions were conducted by Mrs. Suwarna Mhasekar (Head of the Department of BBA (CA), Modern College of Arts, Science and Commerce, Ganeshkind, Pune – 07). She guided students on the following topics:

National Academic Depository, Swayam, PG e-paathshala, Swayam Prabha Searching data over Internet

Initially, she explained that the vision of National Academic Depository (NAD) is born out of an initiative to provide an online store house of all academic awards. She elaborated on how NAD not only ensures easy access to and retrieval of an academic award but also validates and guarantees its authenticity and safe storage. While explaining the importance of SWAYAM, she stated that SWAYAM is a programme initiated by Government of India and designed to achieve the three cardinal principles of Education Policy viz., access, equity and quality. The objective of this effort is to take the best teaching learning resources to all, including the most disadvantaged. SWAYAM seeks to bridge the digital divide for students who have hitherto remained untouched by the digital revolution and have not been able to join the mainstream of the knowledge economy, she added. Moreover, she introduced students to the PG e-paathshala and Swayam Prabha channel and shared with them details about the same.

The session was quite enlightening, interactive, intriguing and informative and was attended by the students in large numbers. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 20<sup>th</sup> March, 2023 National Academic Depository, Swayam, PG e-paathshala, Swayam Prabha and Searching data over Internet

## Dr. M R Jaykar Skill Program 21<sup>th</sup>March 2023

The final phase of Dr. M R Jaykar Skill programme began on Tuesday, 21st March 2023 and was conducted in two sessions. The sessions were conducted by Mrs. Pallavi Ligade (Assistant Professor, Symbiosis Centre for Distance Learning, Department of Law). She guided the students on the following topics:

Government and Bank Schemes for Entrepreneurship

Bank Finance – Concepts and Formalities

Initially, she explained to students about the need for bank finance and the most difficult challenges involved in securing funds for startups. She also elaborated on how entrepreneurs need to take a close look at which funding methodology works best for them as well as how banks are one of the largest funders of startups. In addition to this, she also gave students a deep insight into a few of the major government and bank schemes for entrepreneurship. She highlighted how the bank too carefully assesses one's business information based on following parameters like management, operational and industrial factors as well as past loan performances of the business. All the above-mentioned factors were explained by her in depth and detail.

The sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large numbers. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2022-23 21st March, 2023 Government and Bank Schemes for Entrepreneurship and Bank Finance – Concepts and Formalities

## **Mock Banking**

A two days 'Mock Banking Event' was organized on 28th and 29th March 2023 by Modern College of Arts, Science and Commerce, Warje, Pune-58 for Modern Marathi Medium School students from Grade 5 to 8. Initially, the event was inaugurated by Prof. A K Tiwari (Faculty Member, VAMNICOM, Pune), Dr. Varsha M. Bapat (Principal, Modern College of Arts, Science and Commerce, Warje, Pune-58), Mrs. Chincholkar (Principal, Modern Secondary School [Marathi Medium], Warje ), Mrs. Mahajan (Principal, Pandit Jawaharlal Nehru Primary School, Warje [Marathi Medium] ) and Mrs. Vaidehi Shete (Faculty, Modern Secondary School [Marathi Medium], Warje ).

Initially, Prof. A.K. Tiwari conducted a session on 'Awareness of Cooperatives' in order to promote cooperatives as a business model. His invaluable guidance proved exceptionally beneficial to the students.

In order to introduce and make the school students aware about the basic banking concepts and transactions, the third year students from Modern Senior College created a Bank and explained students about various types of banks, types of bank accounts, types of cheques, etc. and also introduced them to the account opening procedure, pay-in slips as well as withdrawal slips. These procedures were grasped by them in a better manner because of it being done in an activity form. The school students were guided well on how to fill up the account opening forms, pay-in slips as well as withdrawal slips.

All in all, the event was quite interactive, intriguing and was attended by large number of students. This activity was not only enjoyed by them but also helped them in enriching their knowledge.



2022-23 28th and 29th March Mock Banking

## Annual Report of various activities conducted during the Academic year 2023-24

#### **International Yoga Day- 2023-24**

On International Yoga Day, a revitalizing yoga session was conducted by Yoga Instructor Prajkta Deo, guiding participants through various asanas and breathing techniques. The session aimed at promoting holistic health and mindfulness. Principal Dr. Varsha Bapat extended her support and emphasized the role of yoga in enhancing physical and mental well-being, encouraging everyone to adopt it as part of their daily lives.





2023-2024 International Yoga Day

#### **Session on Competitive Exams**

On 1st August 2023, a valuable session on competitive exams was delivered by Mrs. Shruti Mehta, providing insights and strategies to help students prepare effectively. The session covered various aspects of competitive exams, including preparation techniques, time management, and tips for success. It offered essential guidance for students aiming to excel in their future endeavours.





2023-2024 1st August 2023 Competetive Exams

## Session on Career Opportunities After Learning German Language

A session on career opportunities after learning the German language was delivered by Mrs. Rajashree Phatak, where she discussed the vast array of professional paths available to those proficient in German. The session provided insights into industries such as international business, translation, tourism, and higher education. Principal Dr. Varsha Bapat emphasized the importance of acquiring foreign language skills in today's globalized world, encouraging students to explore the benefits of multilingualism in enhancing their career prospects.





2023-2024 Career Opportunities After Learning German Language

#### **Career Opportunities in the Field of Law**

**Dr. Ananya Bibave**, Principal of Modern Law College, Pune, delivered an insightful session on career opportunities in the field of law. She provided students with valuable information on various legal career paths, including corporate law, litigation, public service, and legal consultancy. The session aimed to guide students in making informed decisions about their future in the legal profession. **Principal Dr. Varsha Bapat** appreciated the session and highlighted the growing importance of legal knowledge in various sectors, encouraging students to consider law as a promising career option.





2023-2024 Career Opportunities in the Field of Law

#### **Session on Entrepreneurial Startups**

An engaging session on entrepreneurial startups was conducted by **Dr. Manjusha Kulkarni**, where she provided valuable insights into the world of entrepreneurship. The session covered essential topics such as developing innovative business ideas, creating a business plan, funding opportunities, and navigating the startup ecosystem. Dr. Kulkarni also shared practical tips for aspiring entrepreneurs to turn their ideas into successful ventures. The session was highly beneficial for students interested in starting their own businesses.





2023-2024 Entrepreneurial Startups

## Session on Guidance for Excel and Tally Short Course

A detailed session on the Excel and Tally short course was delivered by Ms. RouchaTaware, offering students insights into the practical applications and benefits of these essential software tools. The session covered the basics of Excel for data management and analysis, along with Tally for accounting and financial tasks, helping students understand how these skills can enhance their career opportunities in various fields. It was an informative session for those looking to strengthen their technical proficiency in business and finance.





2023-2024 Excel and Tally short course

#### **Session on Career Opportunities in Commerce**

**Dr. Vijay Gaikwad** from Modern College of Arts, Science and Commerce, Shivaji Nagar, Pune, delivered an informative session on career opportunities in the field of commerce. He discussed various career paths such as finance, accounting, marketing, and entrepreneurship, offering valuable guidance to students about building a successful future in commerce. **Principal Dr. Varsha Bapat** expressed her appreciation for the session and emphasized the importance of exploring diverse opportunities in the commerce sector to achieve professional growth.



2023-2024 Career Opportunities in Commerce

#### **Session on Cyber Security**

A highly informative session on cyber security was delivered by **Police Constables Mr. Prasad Poddar and Mr. Akshay Sarvade**, where they discussed the importance of online safety, potential cyber threats, and preventive measures to protect oneself in the digital world. The session aimed at raising awareness among students about staying secure in the rapidly evolving cyber environment. **Principal Dr. Varsha Bapat** acknowledged the relevance of the session, emphasizing the need for cyber literacy in today's digital age and encouraging students to adopt safe online practices.





2023-2024 Cyber Security

#### Session on Sustaining in Today's Competitive World

Mr. Amit Ingale delivered an insightful session on how to sustain and thrive in today's highly competitive world. He provided students with practical strategies for building resilience, staying adaptable, and continuously improving their skills to remain competitive in their respective fields. The session also emphasized the importance of a growth mindset, effective time management, and networking in achieving long-term success. The guidance offered by Mr. Ingale was both motivating and valuable for students aiming to excel in their careers.



2023-2024 Sustaining in Today's Competitive World

#### **Session on Laser Techniques for Designs**

An informative session on Laser Techniques for Designs was conducted by Mr. Akshay Joshi and Mrs. Aditi Divekar, where they explored the innovative use of laser technology in design creation. The session provided students with hands-on knowledge of laser cutting, engraving, and its applications in various fields like fashion, architecture, and product design. Principal Dr. Varsha Bapat appreciated the session and highlighted the growing significance of technology-driven design techniques in modern industries.





2023-2024 Laser Techniques for Designs

#### **Session on Share Market and Trading**

Mr. Shaunak Mainkar conducted an insightful session on the Share Market and Trading, providing students with essential knowledge about stock market fundamentals, trading strategies, and investment opportunities. The session aimed to equip students with practical skills and an understanding of the financial markets, helping them make informed investment decisions. Principal Dr. Varsha Bapat appreciated the session, emphasizing the importance of financial literacy for students in today's dynamic economic environment. 2023-2024 Share Market and Trading





Session on Digital Marketing and Entrepreneurship Startups

Mr. Nitesh More delivered an informative session on Digital Marketing and Entrepreneurship Startups, where he shared valuable insights into the world of digital marketing and its role in promoting startups. The session covered topics such as online marketing strategies, social media engagement, and the use of digital tools to grow a business. Mr. More also discussed the challenges and opportunities for aspiring entrepreneurs in the digital landscape. The session was highly beneficial for students interested in starting and scaling their own businesses in the digital age.





2023-2024 Digital Marketing and Entrepreneurship Startups

### Session on Career Opportunities in the Field of Arts

**Dr. Gauri Kopardekar** delivered an enlightening session on **Career Opportunities in the Field of Arts**, where she discussed the diverse professional paths available in creative disciplines such as fine arts, performing arts, design, and media. The session aimed to provide students with a broad understanding of how to build a successful career in the arts sector, from freelancing and entrepreneurship to academic and corporate roles. **Principal Dr. Varsha Bapat** emphasized the importance of pursuing one's passion and the growing scope of arts-related careers in today's economy.





2023-2024 Career Opportunities in the Field of Arts

### **Industrial Visit and Soft Skills Development Session**

Modern College of Arts, Science, and Commerce organized an Industrial Visit on Friday, 11th August 2023 to Maharshi Karve StreeShikshan Santha's Mahendra N. Nanavati Institute of Technology and Application. As part of the visit, the students also attended a session on Soft Skills Development, conducted by the host institute. The students found the visit enriching and thoroughly enjoyed both the practical exposure and the soft skills session, which provided them with valuable insights for their future careers.



2023-24 Industrial Visit and Soft Skills Development

### **Guest Session on Disaster Management: Fire Safety**

Modern College of Arts, Science & Commerce, Warje, organized a guest session on **Disaster Management: Fire Safety** today, **Friday, 13th October 2023**, to mark **International Disaster Management Day**. The college invited **Mr. Gajanan Patrudkar**, Station Duty Officer, Pune Fire Brigade, to guide the students on essential fire safety measures. During the session, he emphasized the importance of the Helpline No. 101 and shared insightful experiences from his fieldwork. Additionally, Mr. Patrudkar and his team conducted a live demonstration on how to effectively manage fire disasters, which was highly appreciated by both students and staff. Students from both the school and senior college thoroughly enjoyed the practical demonstration, gaining valuable knowledge on fire safety protocols.





2023-24 Disaster Management: Fire Safety

# **Avishkar competition**

Modern College of Arts, Science & Commerce, Warje had organised an "Avishkar College level Poster Competition" today i.e. on 26/09/2023 from 08:00 am to 10:00 am. After the competition Modern School's Students also visited the poster competition.





2023-24 ( 26/09/2023) Avishkar





2023-24 ( 26/09/2023) Avishkar

# Workshop on Liquid Soap, Phenyl, and Perfume Making

Modern College of Arts, Science, and Commerce, Warje, Pune-58, organized a workshop on liquid soap, phenyl, and perfume making on Friday, 27th October 2023, conducted by Dr. Sudhir Ujalambkar between 10:30 am and 12:30 pm. The session featured a live demonstration of the making of various products such as perfumes, liquid soap, spray, room fresheners, and phenyl. A large number of students attended the workshop and thoroughly enjoyed the hands-on experience, gaining valuable practical knowledge in product formulation.





2023-24 27th October 2023 Liquid Soap, Phenyl, and Perfume Making

### **Bank Visit to IDBI (Warje Branch)**

Modern College of Arts, Science, and Commerce, Warje, organized a **bank visit** to **IDBI** (Warje Branch) on Saturday, 2nd December 2023, from 4:00 pm to 5:00 pm. The visit proved to be highly beneficial for the students, offering them an enriching learning experience as they observed and learned about various practical aspects involved in the daily operations of the bank. The firsthand exposure to the banking environment provided students with valuable insights into the financial sector.





2023-24 2nd December 2023 IDBI (Warje Branch)

# Mock Banking Event 5th February, 2024 and 6th February, 2024

A two day Mock Banking Eventwas organized on 5th and 6th February,2024 by Modern College of Arts, Science and Commerce, Warje, Pune-58 for Modern Marathi Medium School students from Grade 5 to 8. Initially, the event was inaugurated by Dr. Varsha M. Bapat (Principal, Modern College of Arts, Science and Commerce, Warje, Pune-58).

Initially, Dr. Varsha Bapat Madam addressed the students regarding importance of financial literacy.

In order to introduce and make the school students aware about the basic banking concepts and transactions, the third-year students from Modern Senior College created a Bank and explained students about various types of banks, types of bank accounts, types of cheques, etc. and also introduced them to the account opening procedure, pay-in slips as well as withdrawal slips. These procedures were grasped by them in a better manner because of it being done in an activity form. The school students were guided well on how to fill up the account opening forms, pay-in slips as well as withdrawal slips.

All in all, the event was quite interactive, intriguing and was attended by large number of students. This activity was not only enjoyed by them but also helped them in enriching their knowledge.





2023- 24 5th and 6th February, 2024 Mock Banking Event

#### Day 1: Dr. M. R. Jaykar Employbility Skill Program

Modern College of Arts, Science and Commerce, Warje, Pune -58 has organized a eleven day long 'Dr. M.R. Jaykar Employability Skill Programme' in association with Savitribai Phule Pune University (SPPU). The program has been conducted for the Third Year students of Commerce Stream to make them employable by giving them insights into topics such as Health and Hygiene, Communication Skills, Business Plan and Negotiating Skills, Bank Finance: Concepts & Formalities, Safe Banking Tips and Guidelines, and Investments, Insurance & Taxes, Corporate Etiquettes, etc.The resource person for the day was Prof. Sudhir Daphtardar (Chairman, Chintamani Nagari SahakariPatsanstha, Pune). The first phase of the program began on Friday, 23rd February 2024 and was conducted in two sessions. Both the sessions were conducted by Prof. Sudhir Daphtardar. He guided the students on the following topics:

- a. Government Schemes for Entrepreneurship
- b. Bank Finance concept and Formalities

Initially, he explained to students about the need of bank finance and the most difficult challenges involved in securing funds for startups. He also elaborated on how entrepreneurs need to take a close look at which funding methodology works best for them as well as how banks are one of the largest funders of startups. In addition to this, he also gave students a deep insight into a few of the major government and bank schemes for entrepreneurship. He highlighted how the bank too carefully assesses one's business information on the basis of following parameters like management, operational and industrial factors as well as past loan performances of the business. All the above-mentioned factors were explained by him in depth and detail.

The sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large number. His invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2023-24 , 23rd February 2024 'Dr. M.R. Jaykar Employability Skill Programme'

#### Day 2: Dr. M. R. Jaykar Employbility Skill Program

The second Session of Dr. M R Jaykar Skill Program was conducted on Wednesday, 28th February, 2024 and the session was conducted by Mrs. Vidula Tokekar (Director, Translation Panacea, Pune) She guided the students on the topic 'Health and Hygiene-How to keep our health fit following natural ways'.

Initially, she explained the students about the importance of health and hygiene and also elaborated on how better hygiene leads to better health, confidence and overall physical, mental as well as one's social well-being. Health is not just about being fit but also having the appropriate resources to live and having a sound body and mind is an indication of good health, she added. She shared various valuable tips such as exercising regularly, maintaining a balanced diet, etc. with the help of several examples, she emphasized on how healthy and hygienic life helps to strengthen our body and make us immune to diseases and by adopting healthy practices, it not only benefits the individuals but the society as well. In the end, she expressed the need to spread awareness of hygienic practices as a healthy community helps a nation grow more robust.

The session was quite enlightening and informative and were attended by the students in large number.





2023-24, 28th February 2024 'Health and Hygiene-How to keep our health fit following natural ways'.

### Day 3: Dr. M. R. Jaykar Employbility Skill Program

The third phase of the program began on Thursday, 29th February, 2024 and was conducted in two sessions. Both the sessions were conducted by Prof. Vijayalaxmi Kulkarni (PES Modern College of Arts, Science and Commerce, Ganeshkhind, Pune). She guided the students on the following topics:

A. Online Banking, NEFT, RTGS, IMPS, Net Banking, BHIM, UPI, Aadhar enabled payment systems, USSD.

#### B. Banking tips and guidelines

Initially, she explained the importance of online banking and the core concepts like NEFT, RTGS, IMPS, BHIM, UPI, etc. in depth and detail. The precautions to be taken while doing online payment by using BHIM, UPI applications were also explained by her.

She made students aware of the fact that as there is an increase in the number of people with bank accounts in the past few years, the same is true for banking frauds as well. Moreover, safe banking tips and guidelines like never using unsecured Wi-fi, never clicking on random e-mail links, checking account from a safe location, using a unique username, keeping up on the updates, etc. were imparted by her. Also she created awareness about seven mobile banking security tips while doing online payments. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge. Both the sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large number.





2023-24, 29th February 2024 Online Banking, NEFT, RTGS, IMPS, Net Banking, BHIM, UPI, Aadhar enabled payment systems, USSD and Banking tips and guidelines

### Day 4: Dr. M. R. Jaykar Employbility Skill Program

The fourth Session of Dr. M R Jaykar Skill Program was conducted on Saturday, 2nd March, 2024 and the session was conducted by Ms. Swarali Suryawanshi (Faculty Member, Modern College of Arts, Science and Commerce, Warje, Pune-58) She guided the students on the topic 'Time, Stress and Anger Management'.

Initially, the session aimed to equip students with effective strategies to recognize, understand, and manage anger and stress in their personal and professional lives. She emphasized on the importance of emotional intelligence, resilience, and coping mechanisms to foster a positive and productive academic experience. She also explained the adverse impact of unmanaged anger and stress on academic achievements and career prospects. She made the students understand Differentiation between anger and stress. The session was conducted in the form of a interactive discussion and a small activity was conducted by her as well.

The session was quite enlightening and informative and was attended by the students in large number.



2023-24, 2nd March 2024 Time, Stress and Anger Management

### Day 5: Dr. M. R. Jaykar Employbility Skill Program

The fifth Session of Dr. M R Jaykar Skill Program was conducted on Tuesday, 5th March, 2024 and the session was conducted by Mrs. Rajashree Phatak (Pune) she guided the students on the topic 'Scope of Foreign Languages'.

Initially she explained how language is an essence of communication which can remove the boundaries of two different people who belongs to different countries, states, religion and now it's becoming essential globally to know each other's languages for communication and even for job opportunities

Then she emphasized the scope in foreign languages increasing internationally. She stated that there was a time when everybody wanted to be a doctor and engineer to choose a career for a better future. However, there is a better avenue to make your future bright and successful by choosing a career in foreign language. If a student has an interest and want to learn different languages, this will benefit them as a career option.

The session was quite enlightening and informative and was attended by 60 students.





2023-24 5th March 2024 Scope of Foreign Languages

### Day 6: Dr. M. R. Jaykar Employbility Skill Program

The sixth Session of Dr. M R Jaykar Skill Program was conducted on Wednesday, 6th March, 2024. The expert resource Mr. Amit Ingale (Manmitra, Pune) guided the students on 'How to maintain your mental health'.

To know the emotional status of their minds Mr. Amit asked various questions to the students and based on their feedback and symptoms, he explained how the state of mind can be analyzed. Also he explained that one can balance his/her emotions by eating well, exercising, talking about your feelings, asking for help, accepting you for you, taking a break, staying in touch with loved once, caring for others etc.

The session was conducted in the form of an interactive discussion and a small activity was conducted by him as well.

The students thoroughly enjoyed this interactive session and was attended by 60 students.





2023-24 6th March 2024 How to maintain your mental health

### Day 7: Dr. M. R. Jaykar Employbility Skill Program

The seventh phase of the Dr M R Jaykar Skill Programme began on Saturday,9th March, 2024 and was conducted in one session. The session was conducted by Dr. Jayashri Bangali (Faculty Member, Kaveri College of Arts, Science and Commerce, Pune). She guided students on the following topics:

National Academic Depository, Swayam, PG e-paathshala, Swayam Prabha, searching data over Internet

Initially, she explained that the vision of National Academic Depository (NAD) is born out of an initiative to provide an online store house of all academic awards. She elaborated on how NAD not only ensures easy access to and retrieval of an academic award but also validates and guarantees its authenticity and safe storage. While explaining the importance of SWAYAM, she stated that SWAYAM is a programme initiated by Government of India and designed to achieve the three cardinal principles of Education Policy viz., access, equity and quality. The objective of this effort is to take the best teaching learning resources to all, including the most disadvantaged. SWAYAM seeks to bridge the digital divide for students who have hitherto remained untouched by the digital revolution and have not been able to join the mainstream of the knowledge economy, she added. Moreover, she introduced students to the PG e-paathshala and Swayam Prabha channel and shared with them details about the same.

The session was quite enlightening, interactive, intriguing and informative and was attended by the students in large number. Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2023-24 , 9<sup>th</sup> March 2024 National Academic Depository, Swayam, PG paathshala, Swayam Prabha, searching data over Internet

### Day 8: Dr. M. R. Jaykar Employbility Skill Program

The Eighth Session of Dr. M R Jaykar Skill Program was conducted on Monday 11th March, 2024. The expert resource **Dr. Shobha Supekar** (Ex-Director, MKSSS's Shri Manilal Nanavati Vocational Training Institute, Pune) guided the students on the following topics

### A. Business Plan: Concept and Elements of Business Plan and

### B. Entrepreneurship: Concept introduction, Characteristics of Entrepreneurship.

Initially, she explained the students about the importance of the business plan necessary for running any business or enterprise. Dr. Shobha Supekar also gave a brief introduction to the students on the topics such as Executive Summary, Market, Organization-Management, Resources, Marketing and Sales, Products or Services, Funding etc. She narrated the importance of market analysis, market share, marketing plan and competitive analysis as well. At the end, she asked the students to prepare a business plan for their dream-project and gave invaluable guidance about the plans.

Both the sessions were quite enlightening and informative and were attended by the students in large number.



2023-24 , 11<sup>th</sup> March 2024 Business Plan: Concept and Elements of Business Plan and Entrepreneurship: Concept introduction, Characteristics of Entrepreneurship

### Day 9: Dr. M. R. Jaykar Employbility Skill Program

The Ninth Session of Dr. M R Jaykar Skill Program was conducted on Tuesday, 12th March,2024. The expert resource CA Sachin Sastakar (Tax Consultant, Pune) guided the students on the following topics:

### A. Concept of Money

### **B.** Savings Investment, Insurance, Taxes

Initially, he explained the concept of money and savings in depth and detail. He elaborated on how saving money is one of the most essential aspects of building wealth and having a secure financial future. He highlighted how saving money gives one a way out of the uncertainties of life and provides one with an opportunity to enjoy a quality life. He added by saying that putting aside a sum of money in a systematic manner can help one steer out of many hurdles and obstacles in life. In addition to the above points, he elaborated on the main types of investment options like bonds, stocks, small savings schemes, mutual funds, fixed deposits, hedge funds, etc. He also explained the two types of insurance namely Life Insurance and Non-life or General Insurance. Invaluable tips on picking an appropriate investment option as well as buying the right type of insurance policy were given by him to the students. The concepts of direct and indirect taxes, E-Filing and E-Provisions were well explained by him with the help of suitable examples.

Both the sessions were quite enlightening and informative and were attended by 60 students.





2023-24, 12th March 2024 Concept of Money and Savings Investment, Insurance, Taxes

#### Day 10: Dr. M. R. Jaykar Employbility Skill Program

The Tenth phase of Dr. M R Jaykar programme began on Wednesday, 13th March, 2024 and was conducted in one session. The session was conducted by Mr. Sanjay Chavan (CMD, GMart NX, Aurangabad). He guided the students on the following topic: 'Success and failures in Entrepreneurship.'

Initially, he encouraged students to think of start-ups and emphasized on the fact that the work of the entrepreneur is not over after the launch of a business and that there are constant changes to manage. Sustained business growth requires a company to improve profits by increasing its revenue, cutting costs, or both, he added. Moreover, he also made students understand about the strategies of growth that include constant product improvement, market penetration, adding new distribution channels, product line extension, adding new markets, etc. He also highlighted that one should possess risk-taking abilities throughout the conduct of business as well as not get disappointed with small failures but take them as a stepping stone and think/explore strategies/steps to overcome them. All the above-mentioned points were explained by him in depth and detail.

The session was quite enlightening, interactive, intriguing and informative and were attended by the students in large number. His invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2023-24, 13th March 2024 'Success and failures in Entrepreneurship.'

### Day 11: Dr. M. R. Jaykar Employbility Skill Program

The eleventh phase of Dr. M. R Jaykar Skill programme began on Thursday, 14th March, 2024 and was conducted in two sessions. Both the sessions were conducted by Mrs. Tripti Tiwari (Communication Skill Trainer, Soft Skill Trainer and English Language Trainer). She guided the students on the following topics:

#### **Interview Skills**

## Creating effective resume writing

Initially, she explained how effective communication is one of the most important life skills to learn and is to be considered as a vital factor to develop one's personality. She highlighted some of the most important interview skills expected by the recruiters and managers while facing an interview and at the workplace daily which include fluency on the language, empathy, respect, open-mindedness, confidence, etc. She emphasized on how effective listening and speaking skills help an individual in proper interaction, development of bonds and conversion of ideas into action. In addition to this, she also gave her valuable input on how an effective resume should look like and how a catchy resume can help in creating a good impression in the mind of the interviewer.

Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.

Both the sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large numbers.





2023-24, 14th March 2024 Interview Skills and Creating effective resume writing

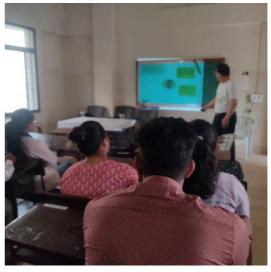
### Day 12: Dr. M. R. Jaykar Employbility Skill Program

The twelfth phase of Dr. M. R Jaykar Skill programme began on Friday, 16th March, 2024. The sessions were conducted by Mr. Rajiv Tulpule (CEO, M/s RETCO Group of Company, Pune). He guided the students on the topic of 'Innovation and Creativity'.

Initially, he explained the concepts of creativity, innovation and entrepreneurship in depth and detail. He elaborated on the fact that creativity is the ability to generate new ideas, innovation is the implementation of creative ideas and entrepreneurship is the addition of creativity and innovation. He made students understand that creativity is a skill that can be learned. his unique style of conducting these training sessions through activities, games and video clips enabled the students to grasp the core concepts very well. In addition to this, he also gave students some valuable tips on how to face an interview and the skills required for the same. He gave deep insights on how to tackle the interview with utmost confidence and create a good impression in the minds of the interviewers.

The session were quite enlightening, interactive, intriguing and informative and were attended by the students in large number. Their invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.





2023-24, 16th March 2024 'Innovation and Creativity'

### Day 13: Dr. M. R. Jaykar Employbility Skill Program

The thirteenth phase of Dr. M. R Jaykar's Skill programme began on Saturday 16th March 2024 and was conducted in two sessions. Both the sessions were conducted by Mrs. Sunita Sharma (Pune). She guided the students on the following topics: Interview Skills

Creating effective resume writing

Initially, she explained to the students how to prepare for the interview and gave tips for creating a positive first impression. Mrs Sharma also made students understand the impact of body language on interviewers. She also gave tips for managing interview anxiety and stress. Mrs Sharma discussed the importance of an organized and visually appealing resume. The structuring of the resume with sections such as objective, summary, work experience, education and skills was well explained by her. She also guided students about professional language and consistency.

Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.

The sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large numbers.





2023-24, 16th March 2024 Interview Skills and Creating effective resume writing

### Day 14: Dr. M. R. Jaykar Employbility Skill Program

The fourteenth phase of Dr. M. R Jaykar Skill programme began on Monday, 18th March, 2024 wherein a session was conducted by Mrs. Smita Kelkar (Pune). She guided the students on the following topics:

Corporate Etiquettes

Personality Development

Initially, she explained the students about the significance of Corporate Etiquettes in today's professional world. She shared practical tips on improving verbal and written communication, active listening and body language. She also made students understand about various time management techniques, including prioritization, goal setting etc. Mrs. Kelkar also emphasized the need for continuous personal development. She provided insights into self-awareness, self-motivation and cultivating a positive mindset.

The session concluded with an interactive question and answer session, allowing participants to seek clarification on specific topics or share their experience. The speaker provided further guidance and advice based on the participants questions.

Her invaluable guidance proved exceptionally beneficial to the students and helped them in enriching their knowledge.

The sessions were quite enlightening, interactive, intriguing and informative and were attended by the students in large number.



2023-24, 18th March 2024 Corporate Etiquettes and Personality Development

# **Self-Defence Workshop on 'Self Defence Techniques:**

Modern College Warje organized a workshop on Self-defenseTechniques on March 7, 2024, led by Assistant Professor Ms. Mangala Shende, the Physical Director from Shri Siddhivinayak Mahila Mahavidyalaya in Pune.

Such workshops are typically aimed at empowering women with practical self-defense skills, enhancing personal safety, and building confidence.









2023-24, 7th March 2024 Self Defence Techniques

#### **Annual Report of sports activities (2023-24)**

The Physical Education and Sports department of the college is always striving for the development of the students as well as for the promotion and dissemination of knowledge about physical fitness and health as well as for the holistic development of the students. In the academic year 2023-24, the sports department worked tirelessly to ensure that various players excel in various sports and make them independent. Similarly, Students participated in various sports competitions, workshop,guest session etc. were organized in the college. On the occasion of "9th International Yoga Day" on 21st June 2023, Yoga Day was celebrated with the theme; Yoga for "VasudhaivaKutumbakam" by the efforts of the college Principal Dr. Varsha Bapat and Physical Education Director Ms. Sheetal Shirke by following all the common yoga protocol laid down by the ministry of AYUSH and Savitribai Phule Pune University, Pune. In this event students and our college staff done common yoga protocol of surynamskar, asana and pranayam under the guidance of yoga instructor Prajakta Dev.

On the occasion of "Major Dhyanchand Jayanti" and "National Sports Day" on 29<sup>th</sup> August 2023; the Department of physical education and sports conducted the "Fit India Movement" were different activities for students like Aerobics, Endurance and Strength exercises were conducted. In which will take oath to incorporate the physical activities, sports and other awareness program to improve the physical as well as mental fitness of individuals. So on this occasion the sports department had organized an "Aerobics Session" followed by a guest session on "Career opportunities in the field of sports" by Uday Birmal operation head of pack gym and Cross Fit, were our students participated enthusiastically. From 5<sup>th</sup> March to 7<sup>th</sup> March 2024, the sports department had organized the workshop on "Mobility exercise, Meditative Asana and Pranayam; were our college students participated actively in this workshop.

on the occasion of **'Women's Day' on** 7<sup>th</sup> March, 2024 college had organized workshop of **'Self –Defence Technique'** for our college girl students. The workshop was leadby Ast. Prof. Ms. Mangala Shende (Physical Education Teacher, Shri Siddhivinayak Mahila Mahavidyalaya, Pune) a National Judo player. The students thoroughly enjoyed the workshop.

The aim of the Department of Physical Education and Sports is to make Physical Education as an- integral part of educational system and Promote physical activity among sedentary students / non-sportsmen. Students studying in the colleges should have the benefit of physical education to improve their health during the course of college education. So for achieving this aim our sports department followed the "Physical Education Scheme 2016 and 2019" program planned by the Savitribai Phule Pune University.

The objective of this scheme is to enhance physical efficiency and maintain fitness of mind, and body, which would help the student to be mentally alert and physically efficient to withstand the strain and fatigue of daily life. It would prepare them for the strenuous training program which will help them to be fit to face the different barriers in life. The students will undergo this course for the first year of his/her under graduate course education.

So according to this scheme our sports department followed this scheme for first year students in which they have theory lecture and practical session on following concept:

Year	Name of	Team/	University/State/Nation	Sport	Name of the
	the	Individu	al		student
	award/me	al	/International		
	dal				
2023-	Participatio	Individua	International Asian MTB	Mountain	Manali
24	n	1	Championship	Cycling Race	Moreshwar

- **✓** Introduction to Physical Education and Sports
  - · Concept of Physical Education, its Definition and Scope.
  - Concept of Physical Fitness: Components of Health Related Physical Fitness(Cardio-vascular Endurance, Muscular Strength Endurance, Flexibility, and Body Composition) and Activities to improve these components.
  - Physical Activity Guidelines(Physical activity for health benefits)
  - · Concept of Health, Wellness, and Health & Hygiene
- ✓ Participation in Games and Sports and complete the Project: -A student will have to select one game/sport according to the facilities available in the college.
- ✓ The following points to be covered in the project
  - History of the Game/sport
  - Ground measurements
  - Skills of the game/sport
  - Basic rules of the game/sport
- ✓ Apart from theory lectures, they have practical test on physical fitness component:
- ✓ Fitness Assessment
  - i. Cardiovascular Endurance
  - ii. Flexibility
  - iii. Muscular Strength Endurance and
  - iv. Body Composition (No marks)

So under this Physical education scheme our First year B.A. and B.Com. Students gave practical examination in the subject of Physical Education as per the rules of Savitribai Phule Pune University Pune.

This year also, our students participated in PCZSC Intercollegiate, zonal, sports competition in different sports, plus inter university and federation sports competition and invitational matches. This year college has participated in kabaddi, chess, athletics, cycling, badminton, and cricket events. In the sports of road and track cycling event our college student Manali Ratnoji participated in International Asian MTB Championship, National MTB Championship & 20<sup>th</sup> National Mountain Biking Championship. held in Panchkula, Haryana. Where she hold the "best Cyclist women award" and won the two gold & one silver medal.

She was selected in **Indian team of 28<sup>th</sup> Asian Mountain Bike Cycling Championship** and **14<sup>th</sup> Asian Junior Mountain Bike Cycling Championship** held in Kerala during 26<sup>th</sup> to29th October 2023 and got Bronze medal. Below given the list of participant with events, competition level and place accordingly.

So the Department of Physical Education and Sports of our college, is working for the physical, intellectual, social and emotional development of the students or in other word we can say all round development of the students.

			(Women)	Ratnoji
Bronze	Team	28 <sup>th</sup> National Road	Cycling Road	Manali
medal		Cycling Championship	Race (Women)	Moreshwar
				Ratnoji
Participatio	Individua	All India Inter University	Cycling Road	Manali
n	1		Race (Women)	Moreshwar
				Ratnoji
Best	Individua	National MTB	Mountain	Manali
Cyclist	1	Championship	Cycling Race	Moreshwar
Women			(Women)	Ratnoji
Award				
Two Gold	Individua	20th National Mountain	Mountain	Manali
Medal &	1	Biking Championship	Cycling Race	Moreshwar
One Silver			(Women)	Ratnoji
Medal				-

Date of the event/activity (DD-MM-YYYY)	Name of the event/activity	Name of the student participated		
Pune City Zone Sport Competition - Inter collegiate Sport competitions 2023-2024				
29-08-2023 to 31-08-2023	Chess (Men)	Swapnil Sominath Raut		
29-08-2023 to 31-08-2023	Chess (Men)	Krushna Pandurang Thore		
12-09-2023	Cross Country (Men)	Latif Hamid Inamdar		
12-09-2023	Cross Country (Men)	Krushna Pandurang Thore		
27-09-2023	Cycling Road Race (Women)	Manali Moreshwar Ratnoji		
27-09-2023	Cycling Track Event (Women)	Manali Moreshwar Ratnoji		
28-10-2023	Athletics-Shot put (Men)	Vedant Suhas Raut		

29-10-2023	Athletics- 100m (Men)	Anik Kishor Bharati
28-10-2023 to 29-10-2023	Athletics- Shot put, 200m, 1600m (Men)	Aniket Santosh Tupe
28-10-2023	Athletics - Shot put (Men)	Omkar Nitin More
28-10-2023	Athletics- 800m (Men)	Latif Hamid Inamdar
29-10-2023	Athletics- 100m (Men)	Darshan Sudhakar Memane
17-10-2023	Kabaddi (Men)	Ravikumar Madan Sharma
17-10-2023	Kabaddi (Men)	Anik Kishor Bharati
17-10-2023	Kabaddi (Men)	Pranav Pratap Patil
17-10-2023	Kabaddi (Men)	Lokesh Nitin Wanjale
17-10-2023	Kabaddi (Men)	Rahul Basavaraj Salgare
17-10-2023	Kabaddi (Men)	Krushna Pandurang Thore
17-10-2023	Kabaddi (Men)	Siddhesh Vinayak Chavan
17-10-2023	Kabaddi (Men)	Aniket Santosh Tupe
17-10-2023	Kabaddi (Men)	Lakhan Trimbak Mane
17-10-2023	Kabaddi (Men)	Shravan Anil Dahiwalkar
07-12-2023	Cricket (Men)	Anik Kishor Bharati

07-12-2023	Cricket (Men)	Aniket Santosh Tupe	
07-12-2023	Cricket (Men)	Shravan Anil Dahiwalkar	
07-12-2023	Cricket (Men)	Siddhesh Vinayak Chavan	
07-12-2023	Cricket (Men)	Harsh Amit Baid	
07-12-2023	Cricket (Men)	Darshan Sudhakar Memane	
07-12-2023	Cricket (Men)	Aditya Ramchandra Kadu	
07-12-2023	Cricket (Men)	Ganesh Damodar Malpote	
07-12-2023	Cricket (Men)	Praful Pradeep Zunjurke	
07-12-2023	Cricket (Men)	Aniket Kisan Shinde	
07-12-2023	Cricket (Men)	Siddhesh Kishor Chavan	
07-12-2023	Cricket (Men)	Swapnil Vishal Thombre	
Zonal Competitions 2023-2	024		
08-12-2023 to 09-12-2023	Cycling Road Race (Women) 1st place	Manali Moreshwar Ratnoji	
07-12-2023	Cycling Track Event (Women)	Manali Moreshwar Ratnoji	
Inter class/Annual Sport competitions 2023-2024			
30/03/2024	Carrom (Men)	Tupe Aniket Santosh	
30/03/2024	Carrom (Men)	Gound Dipakkumar Dharmendrakumar	

30/03/2024	Carrom(Women)	Lasure Mamta Suryakant
30/03/2024	Carrom(Women)	Barve Tanishka Santosh
30/03/2024	Chess (Men)	Barve Manas Santosh
30/03/2024	Chess (Men)	Raut Swapnil Sominath
30/03/2024	Chess (Women)	Khambit Shravani Vinod
30/03/2024	Chess (Women)	Sawant Sanika Nandkumar
GuruvaryaShankarao	ojiKanitakar Smruti Krida Maho	tsav 2023-24
15/02/2024	Badminton (Men)	Tupe Aniket Santosh
15/02/2024	Badminton (Men)	Aniket Kisan Shinde
15/02/2024	Badminton (Men)	Pranav Pratap Patil
15/02/2024	Badminton (Women)	Sanika Sawant
15/02/2024	Badminton (Women)	Aarti Sharma



Image - 1-9<sup>th</sup> International Yoga Day 21<sup>st</sup> June 2023



Image - 2-9<sup>th</sup> International Yoga Day 21<sup>st</sup> June 2023



Image - 3-9<sup>th</sup> International Yoga Day 21<sup>st</sup> June 2023



Image 1- Aerobics session- on National sports day- 29<sup>th</sup> August 2023



Image 2- Aerobics session- on National sports day- 29<sup>th</sup> August 2023



Image 1- session on Career opportunities in sports-29th august 2023- national sports day



Image 2- session on Career opportunities in sports-29th august 2023- national sports day



Image 1- "Fit India Movement" - Endurance activity



Image 2- "Fit India Movement" -Endurance activity



Image 1- workshop on Mobility exercise, Yoga &Pranayam



Image 2- workshop on Mobility exercise, Yoga &Pranayam



Image 3- workshop on Mobility exercise, Yoga &Pranayam



Image 1 - Self-defense workshop for girls students 7<sup>th</sup> March 2024



Image 2 - Self defence workshop for girls students 7th March 2024



Image 1- Physical Fitness Examination under Physical Education Scheme



Image 2- Physical Fitness Examination under Physical Education Scheme



Image 3- Physical Fitness Examination under Physical Education



Scheme

Image 4- Physical Fitness Examination under Physical Education Scheme



Image 1- 28<sup>th</sup> National Road Cycling Championship -Manali Ratnoji (FYBA-Bronze Medal)



Image 2- National Cycling Championship -Manali Ratnoji (FYBA - BEST CYCLIST AWARD,2 gold,1silver Medal)



Image 3. -Inter Zonal Road Cycling Competition 2023-24(Nashik) Manali Ratnoji (FYBA-First Place)



Image 4. -Asian Mountain Biking Championship 2023-24(Kerala) Manali Ratnoji(FYBA)



Image 1-Intercollegiate Chess competition Krushna Thore-SYBA



Image 2- Intercollegiate Chess competition Swapnil Raut - SYBCom



Image 3- Intercollegiate Chess competition 29<sup>th</sup> to 31<sup>st</sup> August 2023



Image 1.Intercollegiate Athletics 200m competition-Aniket Tupe-FYBA



Image 1.Intercollegiate Cross-Country competition Krushna Thore- SYBA, Latif Inamdar- FYBA



Image 1- Intercollegiate Cricket tournament



Image 2- Intercollegiate Cricket tournament (Cricket Team)



Image 1- Intercollegiate Kabaddi Competition (Kabaddi Team)



Image 2- Intercollegiate Kabaddi Competition 2023-24 (Kabaddi Team)



Image 1- Inter class Chess Competition 2023-24



Image 2- Inter class Carom Competition 2023-24



Image 3- Annual Sport Day Indoor Competition 2023-24



Image 1- GuruvaryaShankaraojiKanitakar Smruti Krida Mahotsav 2023-24 Aniket tupe(FYBA) Aniket shinde (SYBCOM)



Image 2- GuruvaryaShankaraojiKanitakar Smruti Krida Mahotsav 2023-24 - Aarti Sharma (SYBA)